



About the Organization

Meals on Wheels operates in virtually every community in America through our network of more than 5,000 independently-run local programs. While the diversity of each program's services and operations may vary based on the needs and resources of their communities, they are all committed to supporting their senior neighbors to live healthier and more nourished lives in their own homes.

Meals on Wheels galvanizes the resources of local community organizations, businesses, donors, sponsors and more than two million volunteers – bolstered by supplemental funding from the Older Americans Act – into a national safety net for our seniors.

At the core of the Meals on Wheels service is a nutritious meal, companionship and a watchful eye on the health and safety of our seniors. For those who have trouble getting around, we bring the service to you.

From Kevin Ressler, Executive Director of MoW Lancaster:

We're growing and innovating and transforming our organization. We've experienced significant growth (nearly 30% over a two year period) in people we serve and we are at the point where we have already outgrown our administrative space and are rapidly outgrowing our kitchen space. We are in active conversations about how we either renovate this space or find a new one. In any case part of what that challenge brings is also making sure that our growth is healthy and effective. We have taken on two other Meals on Wheels organizations in the last two years and we are about to take over another one and facilitate the food for another one yet. We want to ensure that what we are doing fits the desires and the wants of the community we serve.

Internship Details

Meals on Wheels' needs vary year to year. See below for the job description of our most recent intern.

Meals on Wheels of Lancaster Internship Outline

August 2018 – July 2019

Name of Intern:	Partner Organization: The Shalom Project
Internship Focus: Nonprofit Development & Outreach	Project Areas: Capacity Building & Outreach

Internship Outline	Timeline
Goal: Assess community needs and identify local organizations with whom MOWL can build relationships to support and advance shared missions.	August 2018 – July 2019

Project 1: Congregational Outreach

Phase 1: Identify congregations in the area that might be interested in organizing fundraisers and/or volunteer projects in support of MOWL's mission to service homebound individuals in Lancaster County.

Phase 2: Cultivate partnerships with congregations through speaking engagements, Dinner Donor Kits, newsletter articles, and volunteer work.

Phase 3: Create partner/sponsorship packets and formal presentations for local congregations to learn about and distribute information regarding MOWL's mission.

Phase 4: Develop or maintain data gathering system designed to track the number of donors, client referrals, and/or volunteer activities that result from congregational outreach.

Project Timeframe:
August 2018 - July 2019

Project 1: Comments/Summary of Accomplishments and Challenges

Date of Completion:

Project 2: Local Businesses Outreach

Phase 1: Identify major non-profit and for-profit organizations in Lancaster County with whom MOWL could build and/or strengthen relationships.

Phase 2: Assess the mutual goals of organizations to determine promising relationships/partnerships and evaluate existing relationships to determine potential for growth.

Phase 3: Invite partnering organizations and/or coalitions to visit MOWL site for mutual organizational awareness/information sharing at least once a month.

Phase 4: Foster relationships/partnerships that will provide opportunities for MOWL to advance its mission.

Project Timeframe:
August 2018 - July 2019

Project 2: Comments/Summary of Accomplishments and Challenges

Date of Completion:

Meals on Wheels of Lancaster Internship Outline

August 2018 – July 2019

Project 3: Healthcare Agencies Outreach

Phase 1: Identify local healthcare agencies such as hospitals, PCPs, and home health agencies, etc. with whom MOWL could develop or strengthen relationships to benefit clients and organizational growth.

Phase 2: Assess MOWL client health services and gather data regarding client health needs and improvement outcomes to inform growing relationships/partnerships with local healthcare agencies.

Phase 3: Create partner/sponsorship packets and formal presentations for local healthcare agencies to learn about and distribute information regarding MOWL's mission.

Phase 4: Compile list of local resources and make it available to MOWL clients to foster relationships that provide opportunities for MOWL to advance its mission.

Project Timeframe:
August 2018 - July 2019

Project 3: Comments/Summary of Accomplishments and Challenges

Date of Completion:

Project 4: Client Support

Phase 1: Identify client needs and develop process for gathering and analyzing data related to these issues.

Phase 2: Provide client support by addressing their needs/concerns, referring them to community resources, and evaluating the quality of MOWL's services provided.

Phase 3: Through MOWL's community outreach initiative, compile resources for clients based on the partnerships developed with local businesses, congregations, and healthcare agencies.

Phase 4: Document current system used to maintain contact data of clients and community partners and make suggestions for improvement.

Project Timeframe:
August 2018 - July 2019

Project 4: Comments/Summary of Accomplishments and Challenges

Date of Completion:

Project 5: Self-Guided Project

Description: A project of your own design, informed by your passions and intended to service the larger community. This project will not begin until half way through The Shalom Project's program year and does not need to prioritize MOWL activities. The project will be approved by MOWL E.D. but the purpose is to see how you can develop, direct, and impact community

Project Timeframe:
August 2018 - July 2019

Meals on Wheels of Lancaster Internship Outline

August 2018 - July 2019

from inspiration to tangible action.

Project 5: Comments/Summary of Accomplishments and Challenge

Date of Completion:
