



Empowering Lancaster County Families

## About the Organization

At CAP, we help individuals and families by offering a wide variety of services that support financial stability.

Each year CAP reaches nearly 30,000 low-income families through services that support child development and education, health and nutrition, household stability, and public safety and violence prevention to help them not only meet their essential daily needs, but to work toward a brighter future of long term financial self-sufficiency.

**Mission:** The Community Action Partnership of Lancaster County champions the achievement of long-term self sufficiency for individuals and families through services and advocacy targeting the elimination of poverty.

**Vision:** CAP will be the lead self-sufficiency agency in the region through personal empowerment, coordination and integration of social services, and public advocacy resulting in a measurable improvement in the quality of life for the community.

### Programs:

- Education and Childhood Development
  - CAP Child Care
  - Head Start
  - Parents as Teachers
- Health and Nutrition
  - Nutrition Education Program
  - Senior Centers
  - Women, Infants, and Children (WIC)
- Household Stability
  - Child Care Information Services (CCIS)
  - Navigation
  - RMO for Returning Citizens
  - Utility Assistance
- Safety and Empowerment
  - Domestic Violence Shelter
  - Domestic Violence Clinic
  - Prevention Education

## Internship Details

Depending on your skills and interests, you will be working in one or two of the program areas that CAP offers. More details available upon request.